

August 2025

Second Floor LTC

Hamlets at Penticton

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					8:30 One to One's (AR3) 9:30 News & Views (AR2) 10:00 Fun Games (AR2) 1:30 Recreation Staff- Meeting (2nd)	9:30 Listening to music (AR2) 10:00 Exercise (AR2) 10:30 Cranium crunches-2nd floor (AR2) 1:30 Bingo (AR2) 3:00 Courtyard- Coffee Social (2nd) 4:00 One to One's (2nd)
9:30 Listening to music (AR2) 10:00 Exercise (AR2) 10:30 Word Game (AR2) 1:30 Sing-Along (2nd) 2:30 Church service-Dan Proctor (2nd) 3:30 Mingle & Munch (2nd) 4:00 One to One's (AR3)	10:30 Cycling without Age- LTC (outi) 1:30 Mobile Ice-Cream social (AR3) 3:00 Random Games 4:00 Listening to music (AR2) 6:00 In room visits (GH)	8:30 One to One's (AR3) 9:30 News & Views (AR2) 10:00 Exercise (AR2) 10:30 Cranium Crunches (AR3) 1:30 Beth Ann on Piano (AR2) 2:00 Melodies & Memories (AR3)	9:30 News & Views (AR2) 10:00 Exercise (AR2) 10:30 Cranium Crunches (AR3) 11:30 Lunch BBQ- Campbell (AR2) 1:30 Resident and Family Council Meeting (AR2) 2:00 Courtyard- Coffee, tea and cookies social (2nd)	8:30 One to One's (AR2) 9:30 News & Views (AR2) 10:00 Bake it Happen (AR3) 10:30 Catholic Communion (rec) 2:00 Happy Hour- Candie Schmidt (AR2)	8:30 One to One's (AR2) 9:30 News & Views (AR2) 10:00 Fun and Games (AR3) 1:30 Scenic drive (outi)	9:30 Listening to music (AR2) 10:00 Exercise (AR2) 10:30 Cranium crunches-2nd floor (AR2) 1:30 Bingo (AR2) 3:00 Courtyard- Coffee Social (2nd) 4:00 Manicures (AR2)
9:30 Listening to music (AR2) 10:00 Sunday Hymn Sings (AR2) 10:30 Exercise (AR2) 1:30 Fun and Games (AR2) 3:00 Courtyard Visits and Sing-along (2nd) 4:00 One to One's (AR3)	10:30 Cycling without Age- LTC (outi) 1:30 Mobile Ice-Cream social (AR3) 3:00 Random Games 4:00 Listening to music (AR2) 6:00 In room visits (GH)	8:30 One to One's (AR2) 9:30 News & Views (AR2) 10:00 Exercises (AR2) 10:30 Cranium Crunches (AR3) 1:03 Melodies & Memories (AR3) 1:30 Tuck Shop -GH (rec)	8:30 One to One's (AR2) 9:30 News & Views (AR2) 10:00 Exercises (AR2) 10:30 Cranium Crunches (AR3) 1:30 Courtyard Visits and Sing-along (2nd) 1:30 Tuck Shop -GH (rec) 1:30 Celebration of Life-Pastor Neale (AR3)	8:30 One to One's (AR2) 9:30 News & Views (AR2) 10:00 Bake it Happen (AR3) 2:00 Happy Hour- Rona Nadeau (AR2)	8:30 One to One's (AR3) 9:30 News & Views (AR2) 10:00 Fun Games (AR2) 1:30 Scenic drive (outi)	9:30 Listening to music (AR2) 10:00 Exercise (AR2) 10:30 Cranium crunches-2nd floor (AR2) 1:30 Bingo (AR2) 3:00 Courtyard- Coffee Social (2nd) 4:00 One to One's (2nd)
9:30 Listening to music (AR2) 10:00 Exercise (AR2) 10:30 Word Game (AR2) 1:30 Karoke (2nd) 2:30 Chuch service - Dan Proctor (2nd) 3:30 Mingle & Munch (2nd)	10:30 Cycling without Age- LTC (outi) 1:30 Mobile Ice-Cream Social (AR3) 3:00 Random Games 4:00 Listening to music (AR2) 6:00 In room visits (GH)	8:30 One to One's (AR3) 9:30 News & Views (AR2) 10:00 Exercises (AR2) 10:30 Cranium Crunches (AR3) 1:30 Beth Ann on Piano-2nd Floor (AR2) 2:00 Sing-Along (2nd)	8:30 One to One's (AR3) 9:00 News & Views (AR2) 10:00 Exercises (AR2) 10:30 Cranium Crunches (AR3) 1:30 Courtyard Visits and Sing-along (2nd)	8:30 One to One's (AR3) 9:30 News & Views (AR2) 10:00 Bake it Happen (AR3) 2:00 Happy Hour- Smokey Wine (AR2)	8:30 One to One's (AR3) 9:30 News & Views (AR2) 10:30 Cranium Crunches (AR3) 1:30 Scenic drive (outi)	9:30 Listening to music (AR2) 10:00 Exercise (AR2) 10:30 Cranium crunches-2nd floor (AR2) 1:30 Bingo (AR2) 3:00 Courtyard- Coffee Social (2nd) 4:00 Spa - Manicures (2nd)
9:30 Listening to music (AR2) 10:00 Sunday Hymn Sings (AR2) 10:30 Exercise (AR2) 1:30 Fun and Games (AR2) 3:00 Courtyard Visits and Sing-along (2nd)	10:30 Cycling without Age- LTC 25 (outi) 1:30 Mobile Ice-Cream social (AR3) 3:00 Random Games 6:00 In room visits (GH)	8:30 One to One's (AR3) 9:30 News & Views (AR2) 10:00 Exercises (AR2) 10:30 Cranium Crunches (AR3) 1:30 Arts and Crafts (AR2) 2:00 Tuck Shop -GH (rec)	8:30 One to One's (AR3) 9:30 News & Views (AR2) 10:00 Exercises (AR2) 10:30 Cranium Crunches (AR3) 1:30 Church Service- Pastor Neale (AR2) 2:00 Coffee Social (2nd)	8:30 One to One's (AR3) 9:30 News & Views (AR2) 10:00 Bake it Happen (AR3) 2:00 Happy Hour- Kyle Anderson (AR2)	8:30 One to One's (AR3) 9:30 News & Views (AR2) 1:30 Scenic drive (outi)	9:30 Listening to music (AR2) 10:00 Exercise (AR2) 10:30 Cranium crunches-2nd floor (AR2) 1:30 Bingo (AR2) 3:00 Courtyard- Coffee Social (2nd) 4:00 One to One's (2nd)
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